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Key takeaways from HPE Europe 2024

October 9, 2024 Market analysis



Law firm McDermott Will & Emery hosted its annual Healthcare Private Equity (HPE) Europe conference at The Grosvenor in London in September attended by hundreds of healthcare professionals and investors.

Joined by keynote speaker, former Conservative MP Rory Stewart, the event explored a wide range of topics, including trends in life sciences and pharma, the future of medicine, and the current shape of the financial markets.

The following is a summary of the themes that were front of mind for those present and will no doubt shape the months ahead.

The deal environment for healthcare and life sciences

- As we near the end of 2024, deal activity remains highly selective, investment committees have a high bar for assets, and most investors are prioritising portfolio value creation. We observe a shift from cost reduction to growth portfolios. Additionally, services and technology are hot topics, and investor sentiment remains strong for biotech.
- Private equity fundraising for specialist healthcare funds was slow last year, and the audience was split on whether it would return to 2021 levels within the next three years, with 53% saying it would not. Limited partners are focused on performance distributions, and are increasingly keen on co-investment opportunities.

- There is a lot of dry powder in the system, a logjam of exits that need to happen, and financing available for backdrop gets clearer, panellists were optimistic about transactional activity picking up in the next 12 months market, though deal timelines may remain elongated. In all, 58% of the audience felt the 2025 deal market will be better than 2019, rather than 2021 or 2023.

What's next for medtech?

- The pace of innovation in medtech continues to revolutionise approaches to healthcare and drive deal opportunities by companies on the end-user experience and a desire to move up the value chain to be closer to patients.
- More deals are expected next year as medtech becomes a growing element of both healthcare and pharma portfolios, driven by artificial intelligence and personalisation trends.
- There is a lot of optimism about the application of artificial intelligence tools across healthcare subsectors, but not about some use cases. In the medtech space, there are many AI tools already being used in R&D, and there is the discovery and commercialisation of medicines; however, issues of liability arise as AI involvement shifts to diagnostics.
- The regulatory landscape is challenging for medtech companies, with developing legislation in relation to data privacy, cybersecurity all having an impact. However, these developments do create opportunities for specialised investors. From a market perspective, for example, investors would welcome global initiatives to harmonise regulations with a focus on patient safety.

Buy and build in pharma services

- Pharma services assets are attractive to investors as we observe a macro shift in innovation, which is moving from large pharma companies and into leaner biotech businesses. These biotechs have less appetite to invest in large-scale operations and are looking for smarter commercial approaches working with partners in pharma services.
- Buy and build strategies work well for investors in pharma services, given the clear playbook and benefits of scale, geographical presence, and access to additional technologies that allow companies to stay with customers longer.
- Integration is critical to the delivery of these strategies, with culture recommended as a key area of focus during cross-border transactions. The most successful deals involve starting early, building a shared vision, and ensuring staff are aligned around a flexible mindset.

Navigating a successful exit

- The exit environment remains challenging for financial sponsors. High valuation expectations are likely to continue in 2025 and were seen as the biggest challenge by 65% of the audience. Some exits have stalled due to a lack of liquidity. Market uncertainty hinders the ability of sellers to run dual-track processes.
- Successful exits are best achieved when sellers are not under pressure to complete a sale, when the buyer is not under pressure to complete a purchase, when there are multiple bidders interested, and when the asset and the marketing story are in optimum shape. The number one piece of advice for sellers is to ensure that they build options.
- The bioscience vertical is expected to see the most exit activity over the next 24 months, according to 55% of the audience. This is driven by a deal backlog and demand from big pharma companies facing a patent cliff.

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